

Introduction

In Isaiah the one God who sits above the earth and numbers the stars also strengthens the powerless. So in Jesus' healing work we see the hand of the creator God, lifting up the sick woman to health and service (*diakonia*). Like Simon's mother-in-law, we are lifted up and healed to serve. Following Jesus, we strengthen the powerless; like Jesus, we seek to renew our own strength in quiet times of prayer.

Prayer of the Day

Everlasting God, you give strength to the weak and power to the faint. Make us agents of your healing and wholeness, that your good news may be made known to the ends of your creation, through Jesus Christ, our Savior and Lord.

Amen.

First Reading: Isaiah 40:21-31

The Judeans in exile have a good reason to be hopeful: the one who will bring them to freedom is the God who created the world, the God who subdues the rulers of the earth and gives strength to those who are weary.

²¹Have you not known? Have you not heard?
Has it not been told you from the beginning?
Have you not understood from the foundations of the earth?

²²It is he who sits above the circle of the earth,
and its inhabitants are like grasshoppers;
who stretches out the heavens like a curtain,
and spreads them like a tent to live in;

²³who brings princes to naught,
and makes the rulers of the earth as nothing.

²⁴Scarcely are they planted, scarcely sown,
scarcely has their stem taken root in the earth,
when he blows upon them, and they wither,
and the tempest carries them off like stubble.

²⁵To whom then will you compare me,
or who is my equal? says the Holy One.

²⁶Lift up your eyes on high and see:
Who created these?
He who brings out their host and numbers them,
calling them all by name;
because he is great in strength,
mighty in power,
not one is missing.

²⁷Why do you say, O Jacob,
and speak, O Israel,
“My way is hidden from the LORD,
and my right is disregarded by my God”?
²⁸Have you not known? Have you not heard?
The LORD is the everlasting God,
the Creator of the ends of the earth.
He does not faint or grow weary;
his understanding is unsearchable.
²⁹He gives power to the faint,
and strengthens the powerless.
³⁰Even youths will faint and be weary,
and the young will fall exhausted;
³¹but those who wait for the LORD shall renew their strength,
they shall mount up with wings like eagles,
they shall run and not be weary,
they shall walk and not faint.

Psalm 147:1-11, 20c

¹Hallelujah! How good it is to sing praises | to our God!
How pleasant it is to honor | God with praise!
²**The LORD re- | builds Jerusalem,
and gathers the ex- | iles of Israel.**
³The LORD heals the | brokenhearted
and binds | up their wounds.
⁴**The LORD counts the number | of the stars
and calls them all | by their names.**
⁵Great is our LORD and might- | y in power;
there is no limit | to God’s wisdom.
⁶**The LORD lifts | up the lowly,
but casts the wicked | to the ground.**
⁷Sing to the LORD| with thanksgiving;
make music upon the harp | to our God,
⁸**who covers the heav- | ens with clouds
and prepares rain for the earth, making grass to grow up- | on the mountains.**
⁹God provides food | for the cattle
and for the young ravens | when they cry.
¹⁰**God is not impressed by the might | of a horse,
and has no pleasure in the speed | of a runner,**
¹¹but finds pleasure in those who | fear the LORD,
in those who await God’s steadfast love. ^{20c}| Hallelujah!

Gospel Reading: Mark 1:29-39

Everywhere Jesus goes, many people expect him to set them free from oppression. Everywhere he goes, he heals people and sets them free. Disease, devils, and death are running for their lives. The forces that diminish human life are rendered powerless by Jesus.

²⁹As soon as [Jesus and the disciples] left the synagogue, they entered the house of Simon and Andrew, with James and John. ³⁰Now Simon's mother-in-law was in bed with a fever, and they told him about her at once. ³¹He came and took her by the hand and lifted her up. Then the fever left her, and she began to serve them.

³²That evening, at sunset, they brought to him all who were sick or possessed with demons. ³³And the whole city was gathered around the door. ³⁴And he cured many who were sick with various diseases, and cast out many demons; and he would not permit the demons to speak, because they knew him.

³⁵In the morning, while it was still very dark, he got up and went out to a deserted place, and there he prayed. ³⁶And Simon and his companions hunted for him. ³⁷When they found him, they said to him, "Everyone is searching for you." ³⁸He answered, "Let us go on to the neighboring towns, so that I may proclaim the message there also; for that is what I came out to do." ³⁹And he went throughout Galilee, proclaiming the message in their synagogues and casting out demons.

Prayers of Intercession

Guided by Christ made known to the nations, let us offer our prayers for the church, the world, and all people in need, saying “let us pray,” and responding, “have mercy, O God.”

A brief silence.

For the church: for ministries of healing and wholeness, for hospital, hospice, and military chaplains, for those serving in prison ministry, for all who proclaim freedom and release in the name of Christ, let us pray. Have mercy, O God.

For creation: for insects in the grass, clouds on the mountaintops, for cattle and the rainwater they drink, for the humility to take our place among all creatures of the earth, let us pray. Have mercy, O God.

For the nations: for our neighbours and friends of other faiths, for all who lead in cities and towns, states and countries; for community organizers, school officials, and CEOs; for international health organizations, that in times of trial, fear, or hopelessness, they find freedom in service to those most in need, let us pray. Have mercy, O God.

For all wearied by life’s burdens: for those who are poor, for those lacking supportive relationships, for those crushed by debt, for those struggling with chronic pain or other sickness, for those exhausted from overwork or stress, and for all who cry out to you (*especially those who we name now, aloud, or silently on our hearts... [pause]*), let us pray. Have mercy, O God.

For this congregation: for outreach and social ministries centered here (*especially ministry with The Urban, and community groups who would gather during the week*); for parish nurses and visitors; for ministries of companionship and support, for the young people in our midst who open us to new understandings, let us pray. Have mercy, O God.

In thanksgiving for the faithful departed, who were called by name and now rest from their labours, that their lives serve as witnesses to the goodness of God, let us pray. Have mercy, O God.

Merciful God, hear the prayers of your people, spoken or silent, for the sake of the one who dwells among us, your Son, Jesus Christ our Saviour.

Amen.

A reflection for the Fifth Sunday after Epiphany...

God Heals Persons and Communities

When Jesus heals us, we are empowered to serve others. While at first glance it might seem that Jesus' healing of Peter's mother-in-law was self-serving, on further reflection we see the same result in nearly all of his signs and miracles. The object of Jesus' compassion now has new responsibilities. In the very next chapter a paralytic lowered through the ceiling is raised, only to become the center of a religious controversy (Mark 2:3-12), as was the man who lay by the pool of Beth-zatha for thirty-eight years (John 5:2-15). When Jesus calms the storm (Mark 4:35-41) the disciples have to row the rest of the way! Any meaningful encounter with Jesus will result in our being changed, which in turn alters the way we see our relationship to the needs of others and the world.

Hard economic times, natural disasters, and divisive, party strife can make us feel helpless and hopeless, as if we have been abandoned by God. Even the church—local congregations as well as denominations—may feel fear and panic in the face of declining numbers and revenues, loss of loyalty from members, indifference or hostility from the surrounding culture, and internal sniping among factions. The exiled people of Israel in Babylon experienced all of this and more, so our condition is neither unique nor beyond the reach of our God. Isaiah 40:21-31 in the NRSV begins "Have you not known? Have you not heard?" Eugene Peterson, in *The Message*, translates this idea as "Have you not been paying attention? Have you not been listening?" There is some irony indeed that God's church, entrusted with God's salvation history and the gospel, still panics, still doubts and worries, still feels like it is up to us to save the church. We indeed are "clay jars" (2 Cor. 4:7)—carrying the message but not understanding, preaching salvation but not believing that God cares or will act to save. We live Isaiah 40 every day.

(www.SundaysAndSeasons.com)



Gloria Dei
LUTHERAN CHURCH